

"John Clark Ride" For Alzheimer's Short Ride 2017						
20.7 mi		Mystic, Stonington, Pawcatuck, N Stonington, Groton			John Clark Short Bike Ride 2017	
Start :		Mystic Cycle Ctr, 25 Stonington Rd, Mystic			Ω = Next turn soon: ≤ 0.2 mi >> means road name changes to	
	Incr	Odo				
↑		0.0	L-Route 1			
←	4.7	4.7	L-South Anguilla Road			
→	1.5	6.2	R-Pequot Trail Ω			
←	0.1	6.3	L - North Anguilla Road			
↑	2.9	9.2	L - Rt 184			
→	2.8	12.0	R - Al Harvey Rd			
↑	1.4	13.4	L-Rt 201 N Stonington Mystic Rd			
↑	1.9	15.3	S-Cross Rt 184, still N Stonington Rd			
	1.1	16.4	>> Main St at firehouse Ω			
↑	0.1	16.5	R-Rt 27 North Ω			
←	0.2	16.7	L-River Road; under I-95 bridge at 18.1 mi			
←	2.3	19.0	L-Starr St>>Pearl St>>Eldridge St>>GravelSt			
↑	0.6	19.6	L-W Main St, Cross drawbridge>>E Main Rt 1			
←	0.4	20.0	L-Rt 1 Roosevelt Ave>>Williams Ave			
←	0.7	20.7	L-Mystic Cycle Centre			
			Highlights			
			Rt 1 Shoreline			Every 66 seconds someone develops Alzheimer's
			Mystic River			
			Mystic Seaport			
			Downtown Mystic/Drawbridge			
Cycling Guidelines and Responsibilities						
• All cyclists on organized rides must wear an approved helmet.						
• Be prepared by bringing adequate clothing, food, water, tools and spare tube.						
• Act responsibly:						
- Obey all traffic laws (e.g. stop lights, stop signs, stay to the right, ride single file in traffic)						
- When stopping, get well off the traveled portion of the road.						
- Be considerate. When appropriate, communicate and signal, i.e. "on your left", "car up", "car back"						
• Enjoy the ride						